



Soup of the Day

Chef's Daily Creation / 16

Southwest Inspired Seafood Chowder

Corn, Potatoes, Carrots, and Bacon with Seasonal Seafood in a Spiced Creamy Broth / 18 3/4

Blue Mussels (GFO

Steamed Mussels with Quidi Vidi Day Boil, Tomato, and Garlic Broth, served with House-made Grilled Focaccia / 19

Spicy Yellowfin Tuna Tartare (GFO

Sriracha and Sesame Dressing, Daikon Radish, Pineapple, Green Onion, Wontons, Local Microshoots / 23 3/4

Vu Wings (GFO

Lightly Dusted Fried Wings with Vu Dry Spice and Honey Buffalo on the side / 19 3/4

Cast Iron Baked Brie

Cranberry-orange Jam, Pepitas, and Honey Rosemary Drizzle with Grilled Baguette / 19

Drunken Lamb Stew

Root Vegetables, Green Peas, and Duck Bacon prepared with Puff Pastry / 19

Roasted Brussel Caesar (GFO

Bacon Lardons, Crostini, Parmesan / 16 3/4

Jiggs Dinner Croquettes

Mustard Pickle Relish, Split Pea Puree, Root Vegetables, Mount Scio Savory / 18 3/4

Quinoa, Tomato and Avocado Salad (👙

Vegan Cashew Cheese, Pepita, Bibb Lettuce, Pickled Shallot, Citrus-Chili Vinaigrette / 18 3/4

Ginger Prawn Lettuce Wraps (GFO)

Sauteed Ginger Garlic Prawns, Bibb Lettuce, Pickled Radish and Carrot with Garlic Sesame Oil / 21 3/4

Add on: Side Fries 7\$ | Gravy 4\$ | Dressing 4\$ | Green Salad 8\$ | Side Vegetables 7\$ | Seared Scallops 15\$



New Vu Burger

GFO

2 Patties, Smoked Cheddar, Pork Belly, Garlic Aioli, Red Onion Relish and Deep Fried Pickle / 28 3/4 add another patty / \$8

Buffalo Honey Chicken Sandwich

Southern Fried Chicken Breast, Cheddar, Iceberg Lettuce, Pickles, Ranch Aioli / 24 3/4

VU Chicken Salad (GFO

Chicken, Honey Balsamic Vinaigrette, Spring Lettuce Mix, Bacon, Candied Pecans, Carrot, Mushrooms, Pickled Shallot, Parmesan, White Cheddar / 25

Fish & Chips

Beer Battered Newfoundland Cod, Tartar, and Malt Vinegar Spritzer / 1piece 20 2 piece 24

Turkey and Brie Melt

Smoked Turkey and Brie with Sour Cherry Chutney served on Sour Dough Bread with Fries or Garden Salad / 22

Slow Roasted Chicken Pappardelle (GFO)

Mushroom, Spinach, Bacon, Pangrattato, Tomato Conserva, Garlic, Chili Flake and Goat Cheese Cream / 28

Pan Fried NL Cod GFO

"NL Dressing" Crusted, Root Vegetable and Salt Beef Hash, Split Pea Puree, Mustard Pickle Vinaigerette, Market Vegetables / 28 3/4

Maple and Mustard Seed Glazed Cedar Planked Salmon

Glazed Market Vegetable, Pickled Peach, Goat Cheese and Micro Shoot Salad, Sweet Potato Puree / 28 3/4

Open Faced Beef Sandwich

Sliced Beef, Beef Au Jus, Caramelized Onions, Bell Peppers, Spinach, Focaccia, and Aged White Cheddar/ 28 3/4

Cajun Cauliflower and Grits Bowl (GFO)

Deep Fried Cauliflower tossed in Dry Cajun Seasoning served with Smokey Grits, Wilted Spinach, Corn on the Cob Spears with a Cajun Lime Aioli / 28



GLUTEN FREE OPTIONS AVAILABLE





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